



Spenborough & District Athletics Club

Spring Open Meeting 24th March 2018

In Loving Memory of Sheila Bolland

At the Princess Mary Athletics Stadium, Bradford Road, Cleckheaton. WF15 6LW

Field Events start 11.00 am Hammer, all others 11:30 Track Events start 11.30 am

Under 11 Boys	75m, 150m, 600m, Long Jump, Shot
Under 11 Girls	75m, 150m, 600m, Long Jump, Shot
Under 13 Boys	80m, 150m, 1200m, Long Jump, High Jump, Shot
Under 13 Girls	80m, 150m, 1200m, Long Jump, High Jump, Shot
Under 15 Boys	100m, 200m, 300m, 800m, Long Jump, High Jump, Shot, Javelin, Hammer
Under 15 Girls	100m, 200m, 300m, 800m, Long Jump, High Jump, Shot, Javelin, Hammer
Under 17 Men	100m, 200m, 400m, 800m, 3k, Long Jump, High Jump, Shot, Javelin, Hammer, Pole Vault
Under 17 Women	100m, 200m, 300m, 800m, 3k, Long Jump, High Jump, Shot, Javelin, Hammer, Pole Vault
Junior/Senior Men	100m, 200m, 400m, 800m, 3k, Long Jump, Shot, Hammer, Javelin, Pole Vault
Junior/Senior Ladies	100m, 200m, 400m, 800m, 3k, Long Jump, Shot, Hammer, Javelin, Pole Vault

Field Events – Max .4 trials. Track events – Time Trials. The organisers reserve the right to amend the programme without notice.

Numbers to be collected on the day

Postal Entries - £4.00 per event Entries on the Day - £5.00 per event by 10:30am for Field events, 11:00 am for Track

Closing date for postal entries Saturday 17th March 2018

UK Athletics rules apply (max. 3 events u17 and below. Minimum age for entry 9 yrs)

Age as at 31st August / 1st September in year of competition

www.spenac.co.uk

Postal Entries to: Meeting Secretary, 4 George Street, Cleckheaton, BD19 3NA

Name: **Male / Female** (please circle)

Address:

..... **Post Code:**

England Athletics Registration No: **DoB:**

Club: **Age Group:**

Events you wish to compete:

Cheques made payable to 'Spenborough & District AC'